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## Allergene / Allergen Information



GLUTEN



NUTS



EGGS



MILK

**Enthält:** Gluten  
*Kann Spuren von Nüssen, Milchprodukten, Sesam und Eiern enthalten*

**Contains:** Gluten  
*May contain trace amounts of nuts, dairy products, sesame and eggs*

**içerir:** Gluten içerir  
*Eser miktarda sert kabuklu meyveler, süt ürünleri, susam, yumurta içerebilir*

**Inhaltsstoffe** "Sonnenblumenkern-Happen" :  
Weizenmehl, Sonnenblumenkerne, Pflanzenöl [(unterschiedliche Mengen Palm-, Shea-, Baumwoll-, Sonnenblumen-, Rapsöl), Wasser, Emulgatoren (Mono- und Diglyceride von Speisefettsäuren), Salz (max 0,2 %), Säureregulator (Zitronensäure) ], Konservierungsmittel (Kaliumsorbat), Farbstoff (Betacarotin), Sonnenblumenöl, frische Hefe, Zucker, Backpulver, Salz

**Ingredients** "Sunflower Seed Bits" :  
Wheat flour, sunflower seeds, vegetable oil [(varying amounts of palm, shea, cotton, sunflower, canola), water, emulsifiers (mono- and diglycerides of fatty acids), salt (max 02%), acidity regulator (citric acid) , preservative (potassium sorbate), colorant (betacarotene)], sunflower oil, fresh yeast, sugar, baking powder, salt

**içindekiler** "Kurabiye ayçekirdekli tuzlu" :  
Buğday unu, ayçekirdeği içi, bitkisel yağ [(değişen miktarlarda palm, shea, pamuk, ayçiçek, kanola), su, emülgatörler (yağ asitlerinin mono ve digliseridleri), tuz (max %0,2), asitlik düzenleyici (sitrik asit), koruyucu (potasyum sorbat), renklendirici (betakaroten)], ayçiçek yağı, yaş maya, şeker, kabartma tozu, tuz



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## Nährwertangaben

Nutrition info	g/% je/per 100g
Brennwert / Energy	2295 KJ / 546 kcal
Fett / Fat <i>davon gesättigt / of which saturates</i>	10.7 10.7
Kohlehydrate / Carbohydrates <i>davon Zucker / of which sugar</i>	17.3 4.4
Ballaststoffe / Dietary Fiber	18.1
Salz / Salt	1
Eiweiß / Protein	13.5



Artikel: 2901441  
Gourmet Bakery  
**Sonnenblumenkern-Happen**  
*Sunflower Seed Bits*  
Kurabiye ayçekirdekli tuzlu



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## Zubereitung

1. Auftauen / Defrost



2. Im Ofen Backen / Baking



180°








10 min.



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Zubereitung / Preparation		Artikel: 2901441
<b>1.</b> Auftauen / Defrost		<b>Sonnenblumenkern-Happen</b> <i>Sunflower Seed Bits</i> Kurabiye ayçekirdekli tuzlu
	 10 min.	
<b>2.</b> 180° im Ofen backen / Bake in oven		
 180°	 10 min.	
		
		Buğday unu, ayçekirdeęi içi, bitkisel yağ [(deęişen miktarlarda palm, shea, pamuk, ayçekek, kanola), su, emülgatörler (yaę asitlerinin mono ve digliseridleri), tuz (max %0,2), asitlik düzenleyici (sitrik asit), koruyucu (potasyum sorbat), renklendirici (betakaroten)], ayçekek yaęı, yaş maya, şeker, kabartma tozu, tuz



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