



BAKED WITH LOVE. FROM ISTANBUL.



Allergene / Allergen Information



GLUTEN



NUTS



EGGS



MILK

Enthält: Gluten und Sesam
Kann Spuren von Nüssen, Eiern und Milchprodukten enthalten

Contains: Gluten and sesame
May contain traces of nuts, eggs and dairy products

içerir: Gluten ve susam içerir
Eser miktarda sert kabuklu meyveler, yumurta, süt ürünleri içerebilir

Inhaltsstoffe "Mehrkorn Ciabatta " :
Weizenmehl, Olivenöl, Ciabatta-Mischung [Roggensauer, Weizengluten, Antioxidans (Ascorbinsäure), Enzym (Pilz-Alpha-Amylase, Lipase, Pilz-Hemicellulase (Xylinase))], frische Hefe, Salz, Weizengluten, Zucker, Haferflocken, Sesam, Sonnenblumenkerne, Mohn

Ingredients "Multigrain Ciabatta " :
Wheat flour, olive oil, ciabatta mix [rye sour, wheat gluten, antioxidant (ascorbic acid), enzyme (fungal alpha amylase, lipase, fungal hemicellulase (xylinase)], fresh yeast, salt, wheat gluten, sugar, oatmeal, sesame , sunflower seeds, poppy seeds

içindekiler "Ekmek çavata tahıllı" :
Buğday unu, zeytin yağı, ciabata miks [çavdar ekşisi, buğday gluteni, antioksidan (askorbik asit), enzim (fungal alfa amilaz, lipaz, fungal hemiselülaz (ksilinaz)), yaş maya, tuz, buğday gluteni, şeker, yulaf ezmesi, susam, ayçekirdeği içi, haşhaş



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Nährwertangaben

Nutrition info	g/% je/per 100g
Brennwert / Energy	1508 KJ / 359 kcal
Fett / Fat <i>davon gesättigt / of which saturates</i>	5.4 0.8
Kohlehydrate / Carbohydrates <i>davon Zucker / of which sugar</i>	66.7 1.2
Ballaststoffe / Dietary Fiber	2.9
Salz / Salt	1.4
Eiweiß / Protein	9.4



Artikel: 2808844
Gourmet Bakery
Mehrkorn Ciabatta
Multigrain Ciabatta
Ekmek cavata tahilli



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Zubereitung

1. Auftauen / Defrost



2. Im Ofen Backen / Baking



180°








15-20 min.



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Zubereitung / Preparation		Artikel: 2808844
1. Auftauen / Defrost		Mehrkorn Ciabatta <i>Multigrain Ciabatta</i> Ekmek cavata tahilli
	 15-20 min.	
2. 180° im Ofen backen / Bake in oven		 <p>Buğday unu, zeytin yağı, ciabata miks [çavdar ekşisi, buğday gluteni, antioksidan (askorbik asit), enzim (fungal alfa amilaz, lipaz, fungal hemiselülaz (ksilinaz)], yaş maya, tuz, buğday gluteni, şeker, yulaf ezmesi, susam, ayçekirdeği içi, haşhaş</p>
 180°	 15-20 min.	



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