



BAKED WITH LOVE. FROM ISTANBUL.



Allergene / Allergen Information



GLUTEN



NUTS



EGGS



MILK

Enthält: Gluten
Kann Spuren von Nüssen, Eiern, Sesam und Milchprodukten enthalten

Contains: Gluten
May contain traces of nuts, eggs, sesame and dairy products

İçerir: Gluten içerir
Eser miktarda sert kabuklu meyveler, yumurta, susam, süt ürünleri içerebilir

Inhaltsstoffe "Vollkorn Ciabatta " :
Weizenmehl, Weizenkleie (20 %), frische Hefe, Olivenöl, Salz

Ingredients "Whole Grain Ciabatta" :
Wheat flour, wheat bran (20%), fresh yeast, olive oil, salt

İçindekiler "El yapımı kepekli çavata ekmeğ" :
Buğday unu, buğday kepeği (%20),yaş maya, zeytinyağı, tuz



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Nährwertangaben

| Nutrition info | g/% je/per 100g |
|--|--------------------|
| Brennwert / Energy | 1403 KJ / 334 kcal |
| Fett / Fat <i>davon gesättigt / of which saturates</i> | 3.7 0.6 |
| Kohlehydrate / Carbohydrates <i>davon Zucker / of which sugar</i> | 65 2.3 |
| Ballaststoffe / Dietary Fiber | 3.1 |
| Salz / Salt | 1.4 |
| Eiweiß / Protein | 9.5 |



Artikel: 2805139
Gourmet Bakery
Vollkorn Ciabatta
Whole Grain Ciabatta
El yapımı kepekli çavata ekmek



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Zubereitung

1. Auftauen / Defrost



2. Im Ofen Backen / Baking



180°








15-20 min.



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| Zubereitung / Preparation | | Artikel: 2805139 |
|---|---|--|
| 1. Auftauen / Defrost | | <p>Vollkorn Ciabatta <i>Whole Grain Ciabatta</i> El yapımı kepekli çavata ekmek</p> |
|  |  15-20 min. | |
| 2. 180° im Ofen backen / Bake in oven | |  |
|  180° |  15-20 min. | |
| | | <p>Buğday unu, buğday kepeği (%20),yaş maya, zeytinyağı, tuz</p> |



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